



LISBON  
SCHOOL OF  
ECONOMICS &  
MANAGEMENT  
UNIVERSIDADE DE LISBOA

U LISBOA | UNIVERSIDADE  
DE LISBOA

# INTERNATIONAL STUDENTS





# OPEN MINDS FOR A CHANGING WORLD

*ISEG's mission is to create and share knowledge and culture in the fields of Economics, Finance and Business, and to enhance its socio-economic value by using an approach of plurality, guaranteeing freedom in intellectual and scientific expression and respect for ethical principles and social responsibility.*



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# WELCOME TO ISEG

Welcome to ISEG, the School of Economics and Management of the *Universidade de Lisboa* (ULisboa).

At ISEG you will find a culture of excellence and achievement alongside a climate of inclusiveness and cooperation. This is made possible by the mutual collaboration of students, faculty and support staff. It is this environment that has enabled our school to educate a large number of business and political leaders and also to develop a strong academic reputation over its more than 100-year history.

Served by a faculty of recognized merit, ISEG has followed a strategy of internationalization, both in terms of research and teaching and it is well represented in international research networks. Two of our Bachelor degrees, five Masters Degrees and two Doctoral programmes are entirely taught in English. Exchange agreements with more than 140 universities exist for both faculty and students alike. We also provide several joint degrees with internationally-renowned universities and we are proud to possess relevant international accreditations.

For all these reasons, ISEG is one of the most sought-after destinations in Portugal for international university exchange programmes and it currently hosts more than 600 foreign students. The number of international students attending full degree programmes has grown year after year, and we expect to maintain this trend.

*Manuel Mira Godinho*

Professor Manuel Mira Godinho  
Dean





# WHY CHOOSE ISEG

## A LEADING ECONOMICS & MANAGEMENT SCHOOL IN PORTUGAL

1

The First Economics and Management School to be founded in Portugal.

2

For more than a century it has educated generations of leaders and successful professionals in Portugal and other Portuguese speaking countries.

3

Outstanding professors and research centers place ISEG in the forefront of economics, management and finance, with a significant number of publications in the most important academic journals in those fields.

4

Located in Lisbon, Portugal, on the West Coast of Europe. The capital is considered by international media, such as CNN, to be the "coolest city in Europe".

5

Offers 8 PhD programmes, 6 First degrees, 18 Masters programmes, 1 MBA and 27 executive programmes.

6

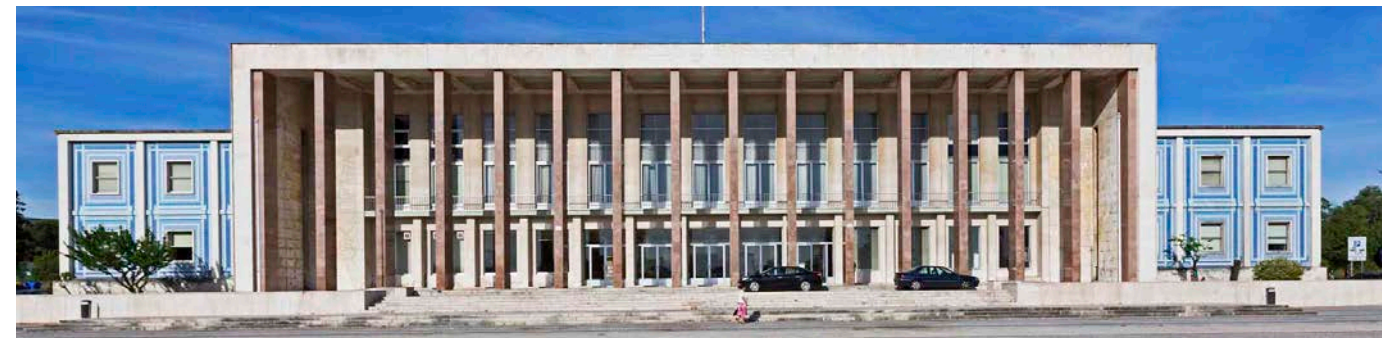
Has approximately 5.000 students, 20% of which are foreign students from more than 76 nationalities.

7

Half of its students are enrolled in Masters, Doctorate and other Post-graduate programmes.

8

The largest number of Economics and Management alumni in among Portuguese business schools.



47794

Students

3422

Academic Staff

1<sup>o</sup>

BEST PORTUGUESE UNIVERSITY AT



ACADEMIC RANKING OF WORLD UNIVERSITIES SINCE 2003

PORTUGUESE UNIVERSITY THAT ATTRACTS THE MOST INTERNATIONAL STUDENTS

417

Degrees

(Bachelors, Masters, PhD)

18

Schools

7044

International Students from 106 nationalities

1<sup>st</sup>

Ranking University in Portugal:

SCIMAGO, ARWU, NTU, CWUR, URAP, CWTER, LEIDEN

160<sup>th</sup>in the world  
Shanghai Ranking (ARWU)117<sup>th</sup>in the world  
CWTS LEIDEN Ranking

www.ulisboa.pt



LISBON SCHOOL OF ECONOMICS & MANAGEMENT  
UNIVERSIDADE DE LISBOA



+3200

Job Opportunities

150

Exchange agreements with foreign universities

107 years old

The oldest portuguese school of economics and management

8

Full Degrees in English

+50

Awards for the best students

96.5%

Average employability of courses

100%

Employability in Mathematics Applied to Economics and Management

19

Masters in economics, management and quantitative methods

# ERASMUS OR EXCHANGE STUDENT

We are pleased to welcome you to ISEG as an Erasmus or Exchange student! We are ready to help you in making your stay here as pleasant and academically rewarding as possible. Every year, we are proud to receive many international students from very diverse backgrounds and nationalities.

You may find a wide range of courses taught in English on offer, including Bachelor degrees in Economics and Management, five Masters Programmes, namely Economics, Monetary and Financial Economics, Finance, Actuarial Science, Mathematical Finance and one Doctoral programme in Development Studies.

## HOW TO APPLY

### APPLICATION DEADLINE:

#### Fall Term

Nomination: 30<sup>th</sup> April  
Application: 31<sup>st</sup> May

#### Spring Term

Nomination: 30<sup>th</sup> September  
Application: 31<sup>st</sup> October

We hope this information will be helpful to you.  
If you have any queries please do not hesitate to get in touch with our International Mobility Office Team.

FOR FURTHER INFORMATION  
International Mobility Office  
imo@iseg.ulisboa.pt

# FREE-MOVER STUDENT

Students interested in spending one semester or one academic year at ISEG/ULisboa, outside the scope of an exchange programme, may apply as free-movers.

### APPLICATION DEADLINE:

#### Fall Term

1<sup>st</sup> April until 31<sup>st</sup> May

#### Spring Term

1<sup>st</sup> September until 31<sup>st</sup> October

All information about the application and the tuition fees may be seen at <https://www.iseg.ulisboa.pt/aquila/unidade/ERASMUS/incoming-mobility/application/free-mover-application->

### Prerequisites

- Students from ISEG's partner universities will be accepted with an authorization from their home institution;
- Students must be officially enrolled in a Degree Programme at their home institution.



FOR FURTHER INFORMATION  
International Mobility Office  
imo@iseg.ulisboa.pt



# FULL-DEGREE INTERNATIONAL STUDENT

## HOW TO APPLY



ISEG Campus

## 1<sup>st</sup> CYCLE DEGREES FIRST DEGREES

ISEG, has implemented a special admission process for its 1<sup>st</sup> Cycle programmes (Bachelors) for International Students.

### WHO CAN APPLY?

Those who are not citizens of a European Union state, but who have been legally resident in Portugal for two uninterrupted years previous to the 31st of August of the year in which they intend to start their degree;

Applicants who have not applied for the special admission process that is organised nationally by the Portuguese Directorate General for Higher Education (DGES);

Applicants who are not enrolled at ISEG as exchange students within the framework of applicable academic exchange agreements.

### INFORMATION FOR INTERNATIONAL STUDENTS

Applicants holding a foreign Secondary School diploma or equivalent, who hold a qualification that has been obtained in a country in which that qualification gives them the right to apply and be admitted to higher education in that country;

Applicants holding the Chinese Senior Secondary School Graduation diploma and the Gaokao (higher education admission exam in Continental China) or the Liankao (higher education admission exam in Macao, Hong Kong and Taiwan);

Applicants holding the Brazilian secondary education diploma and the ENEM (Brazilian national secondary education exam).

Notes: Applicants who are currently enrolled in a university in their home country can request for a transfer to study for a similar degree at ISEG.

### 1<sup>st</sup> CYCLE DEGREES (FIRST DEGREES)

**Guided learning experienced ruled by the  
highest international standards.**

FIRST DEGREES  
LECTURED IN PORTUGUESE  
Economics  
Management  
Finance  
Applied Mathematics for  
Economics & Management

FIRST DEGREES  
LECTURED IN ENGLISH  
Economics  
Management

FOR FURTHER INFORMATION  
ON 1<sup>st</sup> CYCLE (Bachelor)  
[www.iseg.ulisboa.pt](http://www.iseg.ulisboa.pt)  
[internationalstudentadmission@iseg.ulisboa.pt](mailto:internationalstudentadmission@iseg.ulisboa.pt)



# 2<sup>ND</sup> CYCLE PROGRAMMES MASTERS

ISEG, offers a varied range of Masters in the areas of Economics, Management, Quantitative Methods and Social Sciences.

Learning discussion favours previous experience. The teaching model allows students to be both skilled professionals and to develop research skills.

Students can choose between a thesis, a project about a company or non-profit organisation, or an internship.

## MASTERS LECTURED IN ENGLISH

Actuarial Science

Economics

Finance <sup>(1)</sup>

Mathematical Finance

Monetary and Financial Economics

## MASTERS LECTURED IN PORTUGUESE

Accounting, Taxation and Corporate Finance

Applied Econometrics and Forecasting

Corporate Sciences

Development and International Cooperation

Economics and Management of Science, Technology and Innovation

Economics and Public Policy

Human Resource Management

International Economics and European Studies

Management and Industrial Strategy

Management Information Systems

Management/MBA

Marketing

Project Management

Quantitative Methods for Decision-Making in Economics and Business

<sup>(1)</sup> The Masters in Finance has been acknowledged as incorporating at least 70 percent of the CFA Program Candidate Body of Knowledge (CBOK) and placing emphasis on the CFA Institute Code of Ethics and Standards of Practice within the program. This program positions students well to obtain the Chartered Financial Analyst® designation, which has become the most respected and recognized investment credential in the world.

120 ECTS - European Credit Transfer System

FOR FURTHER INFORMATION  
ON 2<sup>ND</sup> CYCLE MASTERS  
[www.iseg.ulisboa.pt](http://www.iseg.ulisboa.pt)  
[internationalstudentadmission@iseg.ulisboa.pt](mailto:internationalstudentadmission@iseg.ulisboa.pt)

# 3<sup>RD</sup> CYCLE PROGRAMMES PhD PROGRAMMES

Undertaking a PhD means working at the frontiers of knowledge, seeking to contributing to its advancement, and doing so in an academic environment in which knowledge is shared, ideas and methods are discussed and where there is always someone with whom you can share your common interests.



## PHD PROGRAMMES

High calibre professors and researchers tutor students in the extraordinary world of scientific research and discovery.

## PHD PROGRAMMES LECTURED IN PORTUGUESE AND/OR ENGLISH

Economics

Management <sup>(2)</sup>

Applied Mathematics for Economics and Management

Economic and Social History

Economic and Organisational Sociology

Development Studies

Sustainable Energy Systems <sup>(3)</sup>

Sociology <sup>(4)</sup>

180 ECTS - European Credit Transfer System

<sup>(2)</sup> The International Programme of DBA Studies, which is lectured at Chandigarh (India), gives access to the Doctorate program in Management. <sup>(3)</sup> ISEG – Lisbon Economic and Management School and IST - Instituto Superior Técnico of Universidade Lisboa joint venture with the the Massachusetts Institute of Technology (MIT) on behalf of the MIT-Portugal Program. <sup>(4)</sup> A joint cooperation programme between Universidade de Lisboa (ICS, ISCS and ISEG), Universidade Nova de Lisboa and the Universities of Évora and the Algarve.

FOR FURTHER INFORMATION  
ON 3<sup>RD</sup> CYCLE DOCTORATES  
[www.iseg.ulisboa.pt](http://www.iseg.ulisboa.pt)  
[internationalstudentadmission@iseg.ulisboa.pt](mailto:internationalstudentadmission@iseg.ulisboa.pt)



ACADEMIC  
CALENDAR

NATIONAL  
HOLIDAYS

1 <sup>st</sup> SEMESTER (Autumn Term)	2 <sup>nd</sup> SEMESTER (Summer Term)
<b>Lectures</b> September - December	<b>Lectures</b> February - May
<b>Christmas holidays</b> December - January	<b>Easter holidays</b> March - April
<b>Regular exam period</b> January	<b>Break</b> May - June
<b>Break</b> January	<b>Regular exam period</b> June
<b>Repeat exam period</b> January - February	<b>Break</b> June - July
<b>Interruption</b> February	<b>Repeat exam period</b> July
<b>Carnival Holidays</b> February	<b>Interruption</b> July
	<b>Special exam period</b> September*
*Only for full-degree students	

<b>1<sup>st</sup> January</b> New Year's Day	<b>15<sup>th</sup> August</b> The Assumption
<b>25<sup>th</sup> April</b> Liberty Day (Revolution Day)	<b>8<sup>th</sup> December</b> Immaculate Conception
<b>1<sup>st</sup> May</b> Labour Day (International)	<b>25<sup>th</sup> December</b> Christmas Day
<b>10<sup>th</sup> June</b> Portugal's National Day	



ACADEMIC INFORMATION

LANGUAGE  
REQUIREMENTS

You can choose classes that are lectured in English or in Portuguese. However, although language certification is not an entrance requirement for exchange students, a reasonable knowledge is essential. A B2 minimum level of English (on the Europass scale) is required to qualify you for attending lectures, as well as enabling you to deal with any issues that might arise while living in a foreign country. For students who opt to attend classes in Portuguese, the recommended language level is at least B2.

PORTUGUESE  
LANGUAGE COURSE

If you want to learn about the Portuguese language and society, why not enrol in a Portuguese as a Foreign Language course? If you are interested in participating in this course, please inform the International Mobility Office. For more information about the course, please see our webpage at: <https://aquila.iseg.ulisboa.pt/aquila/unidade/ERASMUS/lateral/erasmus-incoming/frequently-asked-questions>

ASSESSMENT

A final mark is awarded at the end of each exam period. Grades are given on a scale which has a maximum score of 20 and the minimum passing grade is 10. The exam period takes place at the end of each semester. On each term, undergraduate students may do mid-term tests that will be taken in consideration for the continuous assessment. Students have two phases for the final exams. When choosing the courses, please see the examination dates in order to avoid overlapping.



**Christin Kirstein**  
—  
Student of the Masters in Finance  
Manager - Finance and Financial Steering Deutsche Lufthansa AG

“The Masters in Finance at ISEG was one of the best decisions I ever made. After earning my Bachelors degree in Economics, which was heavily focussed on financial and information management, I wanted to specialise in Finance. To this end, ISEG’s Masters in Finance was the perfect choice. The programme is well structured and diversified, and it covers all the most relevant fields of Finance. Both the course work and the case studies team work, enhanced my analytic and problem-solving skills. All the lectures were entirely taught in English, which is very useful for an international career, and also for one’s day-to-day professional work. The rich experience and solid knowledge that I gained in each of the course units is an excellent base for my current job in Financial Risk Management and Steering at Deutsche Lufthansa. My two years in Portugal were a wonderful and unforgettable experience, where I learned so much about Portuguese culture, and also got to know really wonderful and lovely people.”



# FACILITIES AND SERVICES



The school has a modern central library and computer centre, which offers over 80,000 specialised books, journals and periodicals. In fact, its collection of Economics and Management literature is the most complete of its kind in Portugal. As well as being equipped with state of the art IT services for study and research, the library provides very comfortable reading facilities. Students wishing to borrow books from the library must request a loan card.



All students have access to computer labs, which can be an invaluable asset for obtaining information and preparing lecture assignments and projects. About two hundred computers are available, complete with Internet access and the most common software. You are entitled to a personal ISEG e-mail address. The comprehensive Wi-Fi network enables access to E-mail and the Web for portable devices throughout the Campus.



The ISEG bookshop sells textbooks, literature and stationery.



Standing around in queues to register for courses is a thing of the past. At ISEG, students register on-line through the Web and can also view their exam results and check their total number of credits online. When registering for the first time, new students receive their username and password for the future use of the AQUILA platform, which is the "virtual" face of the University's Academic Services.



ISEG has two snack bars, a canteen and a restaurant. The canteen serves both lunch and dinner. The price of a basic meal is around 2.50€, which includes soup, a main dish, milk or fruit juice and a dessert. The snack bars serve a variety of hot and cold light meals and refreshments.



During the week, banks are open from 08.30 to 15.00. Banks are closed at weekends and on public holidays. However Lisbon has many cash point machines (ATMs), which can be identified by the MB (Multibanco) sign. The maximum withdrawal per day is 400 Euros. The most widely accepted credit cards are VISA, American Express, Euro Card and MasterCard and these can be used to withdraw cash from any Multibanco ATM. A University Card needs to be requested if you plan to open a bank account.



There are several study rooms should you need to study at ISEG. They can be found in the Library (on the Ground Floor).

## AEISEG

The Student Association (AEISEG) is responsible for cultural activities such as publishing books, organising conferences, exhibitions, festivals and concerts as well as sports activities.

It is not easy to move to a new country and make new friends. But friends are never far away. There are many opportunities to make contact with students here at ISEG, whether this be by means of the Students Union or through other international students.

## AIESEC

The International Students' Association of ISEG performs a number of valuable services to the student community through its efforts to forge links between students and the business world.

## ALUMNI

Liaison between the academic and the professional world is fostered through the Alumni Association. Apart from defending ISEG's reputation as a nucleus for excellence in teaching and research, the aim of the Alumni Association is to strengthen the close cooperative ties amongst former students.

## TUNA ECONÓMICAS

Any student who can sing, dance or play a musical instrument, is invited to join the school musical group, which performs traditional Portuguese academic songs.

## THE UNIVERSITY CHOIR

If you have a good voice, feel free to come along for a rehearsal. You may well be selected to join this highly renowned choir.



Francesinhas Buildings



# USEFUL INFORMATION ACCOMMODATION

Although the university has 17 halls of residences, ISEG cannot guarantee accommodation for incoming students. In case you prefer private accommodation you can spend the first few nights in a Youth Hostel, but a reservation needs to be made well in advance.

## IMPORTANT LINKS

[www.aeiseg.pt](http://www.aeiseg.pt)  
[www.esnlisboa.org/accomodation](http://www.esnlisboa.org/accomodation)  
[www.uniplaces.com](http://www.uniplaces.com)  
[www.erasmuslisboa.com/en](http://www.erasmuslisboa.com/en)  
[www.collegiate-ac.pt](http://www.collegiate-ac.pt)  
[www.erasmuslifelisboa.com/#ell-housing](http://www.erasmuslifelisboa.com/#ell-housing)  
[www.inlifeportugal.com](http://www.inlifeportugal.com)  
[www.studyinlisbon.pt/en/alojamento/](http://www.studyinlisbon.pt/en/alojamento/)

[www.placetostay.pt](http://www.placetostay.pt)  
[www.microsites.juventude.gov.pt/Portal/en](http://www.microsites.juventude.gov.pt/Portal/en)  
[www.lisbon4u.com](http://www.lisbon4u.com)  
[www.quartos4you.com](http://www.quartos4you.com)  
[www.thisislisbonhostel.com](http://www.thisislisbonhostel.com)  
[www.fundacaocidadedelisboa.pt/areas-de-intervencao/em-portugal/colégio-universitaria-da-cooperacao/residencia-universitaria](http://www.fundacaocidadedelisboa.pt/areas-de-intervencao/em-portugal/colégio-universitaria-da-cooperacao/residencia-universitaria)

# ENTRY PROCEDURES & VISAS

**To live in Portugal all students must have a travel document, such as a valid passport or a national ID card. Nationals of non-EU or non-EEA countries must apply for a Study Visa.**

This is a special permit issued for foreign students coming to Portugal (unless the country and Portugal have an agreement which provides exemption from visas). In this case, you can obtain a student visa from the Portuguese diplomatic representative of your country (i.e. the Portuguese Embassy or Consulate). This document may be granted on various entry bases. Family members may accompany you for the duration of your stay by requesting a temporary visa at the Embassy or Consulate in the country of residence before coming to Portugal.

# HEALTH CARE SERVICES

In Portugal most people receive medical treatment through the Public Health Clinic ("Centro de Saúde"). That is run through the National Health System in order to provide general healthcare for the general public. In case of sudden illness you should go to the permanent attendance service (SAP).

For more information, please see here:  
[www.portaldasaude.pt](http://www.portaldasaude.pt)

## HOSPITAL

The district of Lisbon has many hospitals that are also run through the National Health System. The emergency section of the hospital is open 24 hours a day. Only in cases of risk to life or real emergency should you go to the emergencies section ("urgencies"). Otherwise you should go to the "SAP" at the nearest public health clinic. In the event of an emergency, dial 112 (free call) and ask for the ambulance or police service.

## STUDENT SOCIAL SERVICES

In order to have access to health care, E.U. citizens who do not reside in Portugal, must present either their passport, identity card or European Health Insurance Card. As an ULisboa student you are entitled to medical care at very low prices through the university's own Social Services:

### Medical Facilities at ULISBOA

Av. da Universidade Técnica  
 Pólo Universitário do Alto da Ajuda  
 1349 - 055 Lisboa  
 Phone: +351 210 493 560  
 E-mail: cedar.rececao@estadio.ulisboa.pt

### Buses:

723 - 729 - 760 - 742 - 60

For further information about the timetable of the medical appointments at ULisboa Medical Center, please see the link below:  
[www.estadio.ulisboa.pt/gca/?id=257](http://www.estadio.ulisboa.pt/gca/?id=257)

## PSYCHOLOGY SERVICE

At ISEG all students are entitled to a free appointment with our psychologists.

## PHARMACIES

Most pharmacies in Lisbon are open during the week from 09.00 to 13.00 and from 15.00 to 20.00. On Saturday opening hours are from 09.00 to 13.00.

At least one local pharmacy guarantees a 24 hour service on a rotational basis.

The roster of pharmacies which are open is posted at the door of all pharmacies so that you see where the closest pharmacy that is open is. Alternatively you can call 118.

## VACCINATION

There are no statutory requirements with respect to vaccination to enter, reside or study in Portugal. Nevertheless, the Portuguese Ministry of Health highly recommends vaccination against tetanus, with a maximum lapse of ten years between doses.

## PAYMENTS AND HEALTHCARE INSURANCE

Healthcare must always be paid for, either directly by the patient, or by means of a health insurance policy. It is the student's responsibility to ensure that they have an adequate health insurance policy. If you are accessing the National Health Service by means of one of the conventions detailed below, then these costs will be minimal.

## SOCIAL SECURITY SYSTEMS

You should bring your European Health Insurance Card with you and you will be treated as if you are a Portuguese citizen. The majority of students can benefit from international agreements to which Portugal participates, and gain access to the Portuguese Social Security System and thus the National Health System. For further information about these conventions and agreements, students should contact the Social Security services in their home country before travelling to Portugal.



# AROUND LISBON

## LIVING AND STUDYING IN LISBON

**Lisbon is one of the most attractive cities to live in Europe and it boasts a good quality of living, where the past and the future meet, under long hours of brilliant sunlight and a beautiful moon.**

### Top 10 reasons to study and live in Lisbon:

1. A **cosmopolitan** and a **multicultural** city, well served by public transport, whose city centre is 15 minutes' journey from the airport and less than 3 hours from most European capitals.

2. A **green city**, with lots of gardens and parks, offering great opportunities for **outdoor activities** and **sports**.

3. Bordered by the Tagus River and situated near fantastic beaches which are ideal for watersports, such as **sailing** and **surfing**, that can be practiced all year long, on account of the mild climate and 4 to 5 months of high summer temperatures.

4. A **historic** city, which was the capital of the Portuguese Empire from the 14th to the 19th Centuries, with many fine monuments and museums that conserve the memory of the material and cultural wealth of that period.

5. A European hub for contemporary **art** and **design**, which hosts important artistic events all year long.

6. A **safe** city.

7. Offers a wide range of **gastronomic** choices, with different types of ethnic cooking. Portuguese food is typically Mediterranean and is very natural and healthy, with an abundance of fresh fish, vegetables, fruit, rice and olive oil.

8. An **affordable** city, with lower living costs than most European cities, including Madrid, Barcelona, London, and Paris. Typical monthly costs for students are: €350 for lodging, €250 for meals and €40 for transport.

9. Universidade de Lisboa is the **biggest university in Portugal** and **tuition fees** are very competitive when compared with other European universities of a similar quality.

10. Universidade de Lisboa attracts a lot of foreign students from Portuguese-speaking countries and also from other European countries. **Networking** is an important benefit from studying at ISEG, Universidade de Lisboa.



Alfama

## PORTUGAL AND THE CITY OF LISBON

### Portugal and the City of Lisbon

Portugal is located on the western side of the Iberian Peninsula, with 832 km of Atlantic coast and 1,215 km of land border with Spain. The country includes Madeira and the Azores, two groups of islands in the Atlantic. It is one of the twenty-eight European Union Member States.

The country has a surface area of 92,100km<sup>2</sup>, being shaped like a rectangle of some 560km in length and 220km in breadth, with about 10 million inhabitants. The population is largely concentrated in the capital, Lisbon (about two million people including periphery) and in other coastal cities on the Atlantic, mainly Oporto.

Source: [www.strawberryworld-lisbon.com/lisbon/essential/geography.html](http://www.strawberryworld-lisbon.com/lisbon/essential/geography.html)

## TOURISM, SIGHTSEEING AND ATTRACTIONS

### Tourism in the Lisbon Region

Tradition, romance, culture, entertainment, modernity and emotions are just a small taste of what you can find in the Lisbon region. Just a few kilometres west from the city of Lisbon, the horizon opens out into the sea and hills of the Estoril Coast, a traditional summer resort with fine sandy beaches and calm sea, which is ideal for nautical sports. The former fishing village of Cascais is nowadays a cosmopolitan suburb with several small sandy beaches in and around the town. Among the shady woods of the hills rising above the Atlantic, nestles the World Heritage town of Sintra, where nature and architectural heritage exist in perfect harmony. An excursion to Sintra is an ideal break from the city, with its famous palaces and castle.

Lisbon is one of the most picturesque capitals of Europe. It has strong links to the past, reflected in the old buildings and narrow cobblestone streets.

Alfama is the oldest district of Lisbon, with traces back to the Moors. It contains many important historical attractions, and Fado (traditional Portuguese music) can be heard in its bars and restaurants. Castelo de São Jorge occupies an impressive location overlooking the city of Lisbon. The Sé de Lisboa (Lisbon Cathedral), after surviving earthquakes and hardships, is nowadays a mix of different architectural styles.

Go to the commercial area of Baixa to see one of Europe's oldest examples of planned neighbourhoods. The Baixa is the heart of Lisbon and has a large variety of attractions: elegant squares, old tramcars, street performers, narrow streets, cafes, and shops all contributing to the Lisbon atmosphere. The Baixa's Rua Augusta leads from Rossio to Lisbon's famous square, the Praça do Comércio, situated right next to the Tejo River. Bairro Alto is a perfect choice for nightlife with a multicultural mix of people and entertainment and its many small are full of a wide variety of specialised bars and clubs.



Costa da Caparica beach



PLACES TO VISIT

- Torre de Belém  
[www.torrebelem.pt/en](http://www.torrebelem.pt/en)
- Padrão dos Descobrimentos  
[www.padraodosdescobrimentos.egeac.pt](http://www.padraodosdescobrimentos.egeac.pt)
- Mosteiro dos Jerónimos  
[www.mosteirojeronimos.pt/en/](http://www.mosteirojeronimos.pt/en/)
- Centro Cultural de Belém  
[www.ccb.pt/sites/ccb/en-EN/Pages/default.aspx](http://www.ccb.pt/sites/ccb/en-EN/Pages/default.aspx)
- Santa Justa Elevator  
[www.golisbon.com/sight-seeing/santa-justa.html](http://www.golisbon.com/sight-seeing/santa-justa.html)

To the south of the Tagus River, the Blue Coast stretches for kms, passing the Sado estuary, with its 50 thousand hectares of protected nature reserve and an extraordinarily rich flora and fauna, including dolphins.

ATTRACTIONS

- Bairro Alto  
By day, this section of Lisbon is relatively quiet with children playing in the streets and people shopping; by night, it changes into a crowd of revellers crammed into the neighbourhoods’ narrow streets to go clubbing and bar hopping until the small hours.
- St. George’s Castle  
Located in the historic Alfama district, this Moorish castle dominates the city from its vantage point at the top of Lisbon’s highest hill.
- Baixa-Chiado (Downtown)  
Located between Rossio and the Praça do Comércio, this area is a shopper’s paradise with several pedestrian streets.
- Parque das Nações  
Includes an amusement and theme park: visit the Oceanarium, the Lisbon Casino and the Pavilion of Knowledge alongside the Tejo (Tagus) River.

- Santos  
Another of Lisbon’s neighbourhoods known for its lively bars and discotheques, with fun that goes on until the small hours.
- Turismo de Portugal - Lisboa  
[www.visitlisboa.com](http://www.visitlisboa.com)
- Calouste Gulbenkian Foundation  
A Portuguese private institution of public utility whose statutory aims to promote the fields of arts, charity, education and science.  
[www.gulbenkian.pt](http://www.gulbenkian.pt)
- Study in Lisbon  
[www.studyinlisbon.pt](http://www.studyinlisbon.pt)



USEFUL SITES

- Câmara Municipal de Lisboa  
[www.cm-lisboa.pt/en](http://www.cm-lisboa.pt/en)
- Turismo de Lisboa  
[www.visitlisboa.com](http://www.visitlisboa.com)
- Lisbon City Guide  
[www.guiadacidade.pt/en/pois/m/11](http://www.guiadacidade.pt/en/pois/m/11)
- AgendaLX  
[www.agendalx.pt](http://www.agendalx.pt)
- Lisboa Na Rua  
[www.lisboanarua.com/en/events/event](http://www.lisboanarua.com/en/events/event)
- Visitar Lisbon  
[www.strawberryworld-lisbon.com](http://www.strawberryworld-lisbon.com)
- Lisboa Live  
[www.lisboa-live.com/lisboa/index.html](http://www.lisboa-live.com/lisboa/index.html)
- Visit Portugal  
[www.visitportugal.com](http://www.visitportugal.com)
- Calouste Gulbenkian  
[www.gulbenkian.pt](http://www.gulbenkian.pt)
- Património Cultural  
[www.patrimoniocultural.gov.pt/en](http://www.patrimoniocultural.gov.pt/en)
- Portugal Travel Guide  
[www.portugaltravelguide.com](http://www.portugaltravelguide.com)

TRANSPORTS

There is a wide inexpensive network in all towns and cities. In Lisbon, the city of the seven hills, you can choose between **bus, subway, elevators, electric trams or railway**, within the city or to the suburbs. Do not miss the chance to go by **tram or cable car** - they are a great way to visit the city in a leisurely fashion.

The public bus and tram company CARRIS covers almost all of Lisbon. Generally, buses and trams run from 6 a.m. to 11 p.m. The subway is operated by a public company - Metropolitano de Lisboa - and runs from **6.30 am to 1 am**. The latter is definitely the fastest way to travel around in Lisbon.

If you’re traveling outside Lisbon, then you have the choice of the train or coach service, which enables you to reach any point in the country in a fairly efficient and inexpensive way.

For further information:

- Carris  
[www.carris.pt/en/home](http://www.carris.pt/en/home)
- Lisbon Metro  
[www.metrolisboa.pt/eng](http://www.metrolisboa.pt/eng)
- CP Lisbon Urban Trains  
[www.cp.pt/passageiros/en/how-to-travel/lisbon-urban-trains](http://www.cp.pt/passageiros/en/how-to-travel/lisbon-urban-trains)

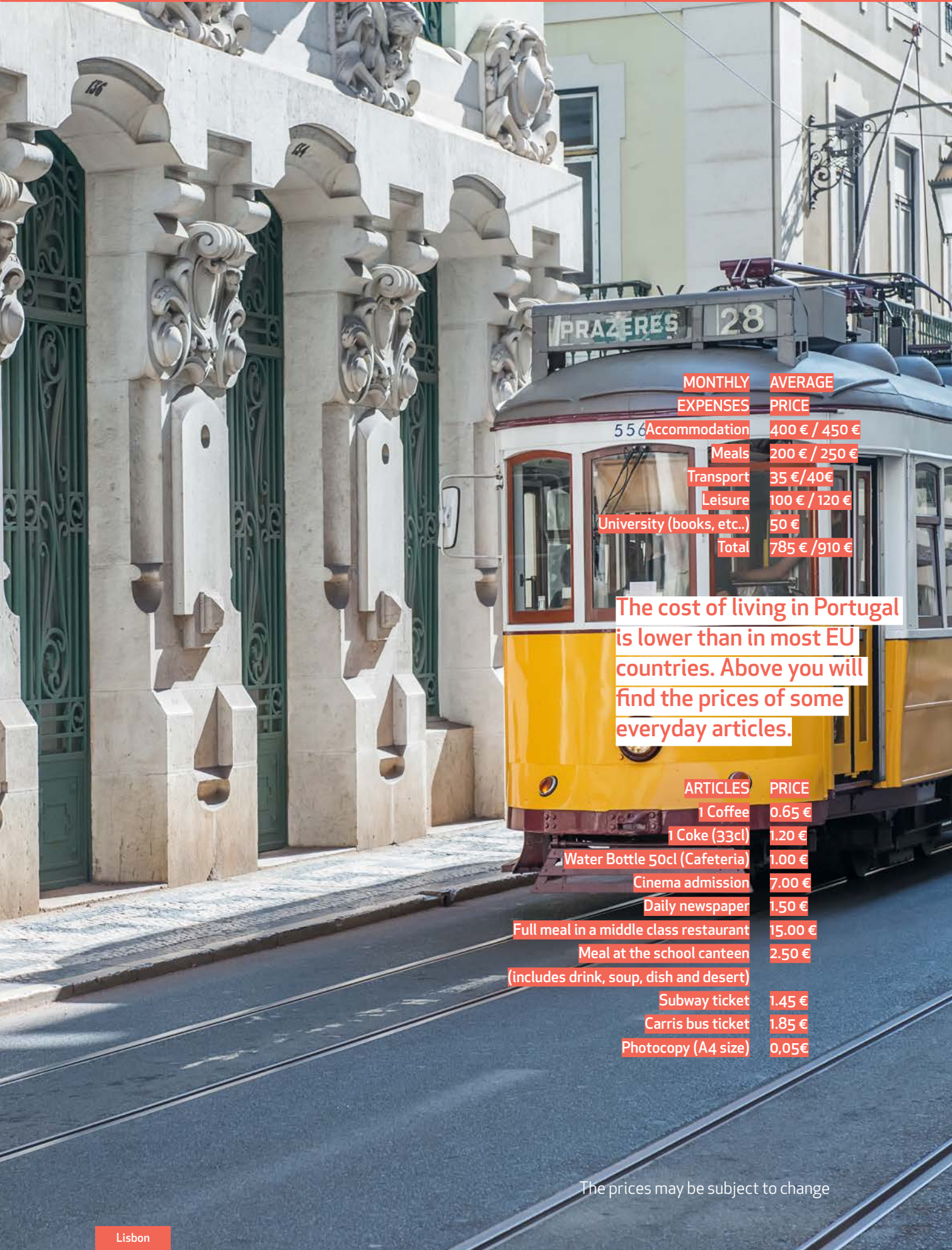






Lukas Unterschuetz  
—  
Bachelor in Management  
Exchange Student,  
Bern University of Applied Sciences

I love being here in Lisbon. The city is very beautiful and has a lot to see and to do and the people are very friendly and helpful. The weather here in Portugal is sunny and warm. ISEG is a very good university in my opinion. The courses I visit are interesting and the professors know a lot about the subject, everything is explained very well. During my stay here I fell in love with Portugal and this City, therefore I decided to stay one more year here.



MONTHLY EXPENSES	AVERAGE PRICE
556 Accommodation	400 € / 450 €
Meals	200 € / 250 €
Transport	35 € / 40 €
Leisure	100 € / 120 €
University (books, etc..)	50 €
Total	785 € / 910 €

The cost of living in Portugal is lower than in most EU countries. Above you will find the prices of some everyday articles.

ARTICLES	PRICE
1 Coffee	0.65 €
1 Coke (33cl)	1.20 €
Water Bottle 50cl (Cafeteria)	1.00 €
Cinema admission	7.00 €
Daily newspaper	1.50 €
Full meal in a middle class restaurant	15.00 €
Meal at the school canteen (includes drink, soup, dish and desert)	2.50 €
Subway ticket	1.45 €
Carris bus ticket	1.85 €
Photocopy (A4 size)	0,05€

The prices may be subject to change



# CULTURE & LEISURE

RIVER



Riverside near Belém neighbourhood

LIBRARIES



National Library

FADO



Fado Guitar

THEATRES



Rossio Square & Teatro Nacional D. Maria II

INNOVATION



Champalimaud Foundation



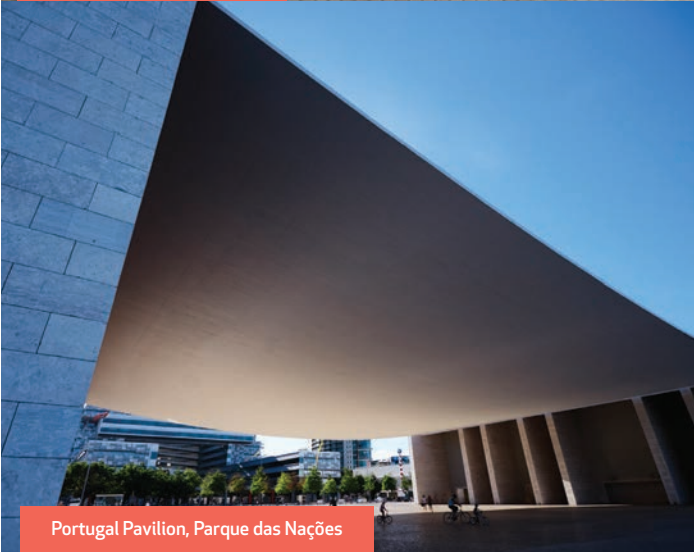
Detail of typical Lisbon



Jerónimos Monastery



Rossio Train Station



Portugal Pavilion, Parque das Nações



"Pastel de Belém" Pastry

TRADITION

GASTRONOMY

HISTORY

MUSEUMS



Gulbenkian Museum



MAAT Museum



# HOW TO GET TO ISEG

## FROM THE AIRPORT

Lisbon is just a few hours away from North America (about 6 to 8 hours) and 2 to 3 hours from most European cities. Lisbon's international airport (Aeroporto Humberto Delgado) is only 7km away from the city centre. A complete public transport network is available in the main towns.

**Airport** **to** **ISEG**



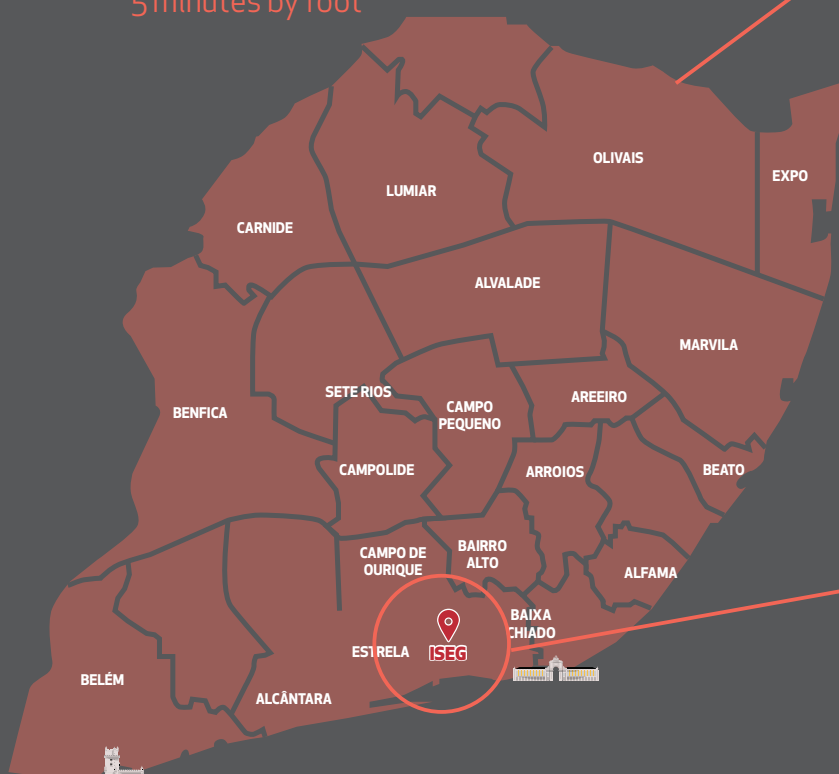
**BUS**  
**744-727**  
Av. D. Carlos I  
1 minute by foot

**744-773**  
Lapa  
5 minutes by foot

**744-738**  
Estrela  
5 minutes by foot



**METRO**  
**The Red Line,**  
with exit at  
**Saldanha**  
**The Yellow Line,**  
with exit at  
**Estação do Rato**  
10 minutes by foot



# LOCAL TRANSPORTATION



**BUS**  
**706-727**  
Av. D. Carlos I  
1 minute by foot

**713-773**  
Rua Borges Carneiro  
5 minutes by foot

**714-760-774**  
Largo Conde Barão  
5 minutes by foot

**728**  
Av. 24 de Julho  
7 minutes by foot



**TRAM**  
**28-25**  
Calçada da Estrela  
2 minutes by foot

**15-18**  
Av. 24 de Julho  
5 minutes by foot



**BOAT**  
With links to the city  
by bus, tram or on foot,  
with a ferry terminal at  
**Terreiro do Paço**  
20 minutes by foot

or at  
**Cais do Sodré**  
15 minutes by foot



**METRO**  
**The Yellow Line,**  
with exit at  
**Estação do Rato**  
10 minutes by foot

**The Green Line,**  
with exit at  
**Cais do Sodré**  
15 minutes by foot



**TRAIN**  
**The Cascais line,**  
leaving from  
**Estação de Santos**  
7 minutes by foot



1. Quelhas Building (Convent) – Lecture Rooms (Postgraduate Studies) – Mathematics Department Offices
2. Quelhas Building – Administrative Services and Auditoriums
3. Bento Jesus Caraça Building – Departments of Economics, Management, Social Sciences, Research Centres, and Computer Services
4. Francisco Pereira de Moura Library – Information Centre and Documentation

5. Francesinhas I Building – The Erasmus and Student Exchange Office and Lecture Rooms
6. Francesinhas II Building – Lecture Rooms (Undergraduate and Postgraduate Studies) – Computer Centres – Canteen – AEISEG and AIESEC offices
7. Quelhas Building – Auditoriums



USEFUL  
CONTACTS

INTERNATIONAL COUNTRY CODE +351

SOS Number 112

Emergency Services LISBON'S HOSPITALS  
S. José 218 841 000  
Santa Maria 217 805 000  
S. Francisco Xavier 213 000 300  
Cruz Vermelha | Red Cross 213 943 100  
Hospital Inglês | British Hospital 214 827 700  
Garcia de Orta (in Almada) 212 727 100  
Amadora-Sintra 214 348 200

Anti-Poisoning 217 950 143 and 808 250 143

Fire Department 213 422 222

Police 217 654 242

Immigration Services 808 202 653

Police Lost and Found 218 535 403

NATIONAL  
WEBSITES

ISEG- Lisbon School of Economics and Management  
www.iseg.ulisboa.pt

Universidade de Lisboa  
www.ulisboa.pt

Erasmus Lisboa  
www.erasmuslisboa.com

Lisboa Tourism Official Site  
www.atl-turismolisboa.pt

Erasmus Student Network  
www.esn-lisboa.org/index.php

Portugal Official Tourism Website  
www.visitportugal.com

Portugal Virtual  
www.portugalvirtual.pt

Lisbon Cultural Agenda  
www.agendalx.pt

Student Cards  
www.juventude.pt

Youth Hostels  
www.pousadasjuventude.pt

Transportes Sul do Tejo (buses in Almada)  
www.tsuldotejo.pt

CP Railways  
www.cp.pt

Carris (buses in Lisbon)  
www.carris.pt

Metropolitano de Lisboa (subway)  
www.metrolisboa.pt

Taxis  
Rádio Táxis de Lisboa 218 119 000  
Autocoope 217 932 756  
Teletáxis 218 111 100

Post Offices www.ctt.pt

Airport 218 413 700

CNAD - Facilities for Disabled People  
218 595 332

Tourist Information Help Line  
www.dgturismo.pt  
800 781 212

Transports  
Carris | Bus www.carris.pt 213 613 054

Metropolitano de Lisboa | Metro  
www.metrolisboa.pt 217 980 600

CP | Railroads - Train www.cp.pt 808 208 208

Lisbon Campsite 217 623 100

Cinemas  
www.cinema.sapo.pt

Lisbon Holiday Destination Guide  
www.strawberryworld-lisbon.com/Lisboa

Newspapers  
www.sapo.pt/noticias/atualidade

Portugal Institute of Museums  
www.ipmuseu.pt

Cultural Centre of Belem  
www.ccb.pt

Yellow Pages  
www.pai.pt

INTERNATIONAL  
WEBSITES

European Youth Portal  
ec.europa.eu/youth/news/index\_en.htm

European Commission  
ec.europa.eu

Eciu - European Consortium of Innovative Universities  
www.eciu.org

CE - Campus Europae  
www.campuseuropae.org/en

Erasmus Student Network  
www.esn.org

On Line Newspapers  
www.onlinenewspapers.com

SOME USEFUL  
PORTUGUESE  
WORDS AND  
PHRASES



Olá! Hello!  
Bom dia! Good morning!  
Boa tarde! Good afternoon!  
Boa noite! Goodnight!  
Como estás? How are you?  
Estou bem, obrigado. I'm fine, thank you.  
Até logo, See you later.  
Até amanhã. See you tomorrow.  
Desculpa, Excuse me.  
Adeus Goodbye  
Não percebo. I don't understand.  
Estou perdido. I am lost.  
Quanto custa? How much is it?  
Onde é o ISEG? Where is ISEG?  
Onde é a casa de banho? Where is the bathroom?  
Está lá? Quem Fala? Hello? Who is speaking?  
Daqui fala... This is...speaking  
Não falo português. I don't speak Portuguese  
O meu nome é... My name is ...  
Quanto é? How much is it?  
Não tem importância. Never mind.  
Que horas são? What time is it?  
Onde é a rua...? Where is the street...?  
À tua esquerda. On your left.  
À tua direita. On your right.  
comboio train  
estação de comboios railway station  
bilhete ticket  
horário timetable  
autocarro bus  
paragem de autocarro bus stop  
centro da cidade city centre  
comida food  
cerveja beer  
água water  
leite milk  
pão bread  
dinheiro money  
selo stamp  
aberto open  
fechado closed  
sim yes  
não no  
porquê? why?  
obrigado thanks  
hoje today  
amanhã tomorrow  
ontem yesterday  
Preciso de ajuda I need help

CONTACTS



Sónia Domingues  
Director of Academic Services



Rita Jordão  
Erasmus Institucional  
Coordinator and IMO  
Coordinator

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& Like ISEG

#lifeatiseg  
#youatiseg



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INTERNATIONAL MOBILITY OFFICE  
Instituto Superior de Economia e Gestão

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Erasmus Code of Institution  
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Cláudia Sousa  
Responsible for Outgoing  
Students



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Responsible for incoming  
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Filomena Ferreira  
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Public Relations  
and International Affairs



Jessica Cunha  
Director of International  
Programmes



Open minds for a changing world



UNIVERSIDADE  
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ECONOMICS &  
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213 925 800 / 213 922 839



WWW.ISEG.ULISBOA.PT

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ACCREDITATION



MEMBER



RANKING

