



上海大学
SHANGHAI UNIVERSITY

Handbook for New International Students Shanghai University (2025-2026)



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D1 Before departure

Welcome to study at Shanghai University. Before departure, you should inquire with the Chinese Embassy in your home country for a valid study visa. It is your responsibility to make sure that the visa is sufficient to cover the entire duration of your stay. Please read the relevant matters in the manual carefully, and keep in touch with Shanghai University.

1.1. Laws and Regulations

The behavior of international students in China will be subject to the relevant laws of the People's Republic of China, local regulations, and university rules and regulations. In order to better understand Chinese laws during your study and avoid incidents that violate Chinese laws due to the ignorance of the law, please know and abide by the relevant laws and regulations.

A. Laws and Regulations for Foreigners in China

(1)According to Constitution of the People's Republic of China and Exit and Entry Administration Law of the People's Republic of China, the legitimate rights and interests of foreigners in China shall be protected by laws. Foreigners in China shall abide by the Chinese laws, and shall not endanger China's national security, harm public interests and disrupt social and public order. According to Exit and Entry Administration Law of the People's Republic of China, foreigners in China shall register their accommodation on time and comply with the identification inspection of public security organs.

(2)Provisions on the Administration of Religious Activities of Aliens within the Territory of the People's Republic of China

The People's Republic of China respects the freedom of religious belief of aliens within Chinese territory, and protects and administrates the religious activities of aliens within Chinese territory in accordance with law. Aliens may participate in religious activities at lawfully registered Buddhist monasteries, Taoist temples, mosques, churches within Chinese territory according to their own religious belief.Missionary work or religious gatherings on campus are prohibited.

(3)Law of the People's Republic of China on Penalties for Administration of Public Security.The person who disturbs public order, endangers public safety, infringes on the rights of person and property or hampers social administration, which is harmful to the society and which, according to the provisions of the Criminal Law of the People's Republic of China, constitutes a crime, shall be investigated for criminal responsibility according to the law. If such an act is not serious enough for criminal punishment, the public security organ shall impose on him a penalty for administration of public security according to this Law.

(4)Anti-Drug Law of the People's Republic of China

This Law is enacted for the purpose of preventing and punishing criminal offences related to narcotic drugs, protecting the health of citizens both in body and in mind and maintaining social order. For the purposes of this Law, narcotic drugs include opium, heroin, methylaniline(ice), morphine, marijuana, cocaine and other narcotic and psychotropic substances that are addictive and are kept under control according to State regulations.Article 59 Where a person commits any of the following acts, which constitutes a crime, he shall be investigated for criminal responsibility according to law;

if the case is not serious enough to constitute a crime, a penalty for administration of public security shall be imposed on him according to law:

- 1)smuggling, selling, transporting or manufacturing narcotic drugs;
- 2)illegally possessing narcotic drugs;
- 3)illegally cultivating the mother plants of narcotic drugs;
- 4)illegally trafficking in, transporting, carrying or possessing the seeds or seedlings of the mother plants of narcotic drugs, which are not inactivated;
- 5)illegally imparting the methods for manufacturing narcotic or psychotropic substances or the chemical materials that can easily be transformed into narcotic drugs;
- 6)compelling, or instigating another person to ingest or inject drugs, or luring or inveigling him into doing so;
- 7)providing narcotic drugs to another person.

B.Shanghai University Student Management Regulations

(1)Students shall perform the following obligations in accordance with the law during their schooling: abide by laws and regulations, and abide by the school management system and the students' code of conduct, etc.

(2)For students who violate the laws, regulations and disciplines, the university can give corresponding criticism education or disciplinary sanctions in accordance with the "Regulations on Disciplinary Punishments for Students of Shanghai University", which will affect the evaluation of the scholarships and student status.

(3)The international students shall abide by the Exit and Entry Administration Law of the People's Republic of China. For students who need to continue study in Shanghai University or extend the study period when the

residence permit expires shall make residence permit extensions at the Shanghai Administration of Entry and Exit Administration Bureau.

(4)Shanghai University insists on the separation of education and religion. No organization or individual may conduct religious activities on the campus.

1.2.Visa application

A. X1 visa

X1 visa is issued to students who study in China for more than 180 days.

Holders of X1 visa must register at Exit-Entry Administration Bureau within 30 days after arrival to change the visa status into Residence Permit Please have an access to Chinese Embassy in your home country online for application information.

B.X2 visa

DQ form is issued to students who study in China for less than 180 days.

Please have an access to Chinese Embassy in your home country online for application information.

C.Other types of visa

International students who received visa-free entry shall not apply for a study class residence permit or X2 visa and should leave China prior to their visa-free validity expires before applying for a X1 or X2 visa to enter China again.

*The materials provided by Shanghai University for student to apply for a study visa are:

- 1.A scanned copy of the admission notice with the university's official seal.
- 2.JW201 Form/JW202 Form/DQ Form (students can download it by themselves. Please scan the QR code to view how to download)



1.3.Accommodation

Shanghai University provides on-campus accommodation for international students.Please make a reservation based on the reservation notice sent by e-mail.Since the rooms are limited, it's highly suggested that students rent the apartment off-campus in advance.

1.3.1.On-campus dormitory

On-campus rooms have been equipped with beds, bedclothes, a desk, a closet, an air-conditioner and a bathroom. There are shared kitchens, washing machines, dryers and hot-water machines in the public area. Each building is equipped with smoke alarm, kitchen temperature alarm, monitoring equipment, etc.

1.3.1.1.Facilities and price

A.Baoshan campus

Four dormitories, Building V, Z, W, and New Shenyuan Department are available

Type	Equipment	Charges (Unit: RMB)
Single room	one single bed, desk, closet, air-conditioner, internet, a private bathroom	140(exclude electricity)
Double room	two single beds,two desks, two closets, air-conditioner, internet, a shared bathroom	70(exclude electricity)
Four-beds room (limited)	Four bunk beds, desks, closet, air-conditioner, internet, a shared-bathroom	35(exclude electricity)

B.Yanchang campus

Two dormitory buildings, Building D and Shenyuan International student apartment, are available. All rooms are well furnished. Our staff at each building provides 24-hour services for security and consultation.

Notice: Price is subject to change due to the inflation each year. Please confirm with our logistics department.

Type	Equipment	Charges (Unit: RMB)
Single room	one single bed, desk, closet, air-conditioner, internet, a private bathroom	140(exclude electricity)
Double rooms in one four-room suite	A shared living room with a refrigerator and microwave: each room equipped with two beds, two desks, air-conditioner, internet, furniture and shared bathroom.	70(exclude electricity)

C.Jiading campus

Type	Equipment	Charges (Unit: RMB)
Single room(few)	one single bed, desk, closet, air-conditioner, internet, a private bathroom	100(exclude water and electricity)
Double room	two single beds, two desks, two closets, air-conditioner, internet, a private bathroom	60(exclude water and electricity)
Three-bed room(few)	Three single beds, three desks, three closets, air-conditioner, internet, a shared-bathroom	40(exclude water and electricity)
Four-bed room	Four single beds, four desks, four closets, air-conditioner, internet, a shared-bathroom	30(exclude water and electricity)

1.3.1.2.Room Reservation

A.Degree program students, exchange students and language students

For admitted students,the reservation can be applied after receiving the reservation notice by e-mail from Shanghai University.

B.Short-term program students

For short-term students, please contact directly with the program manager who works in College of International Education.

Note:

If students want to cancel their reservation, please inform us via email at least 4 weeks in advance. Or the deposit will not be returned. Please indicate in the email subject:Dormitory Cancellation+Name+Program.

1.3.1.3 Payment

Payment due date: Students can make payment at the time they check in.

Payment method: Pay by credit card or bank transfer.

Notes:

a)If students pay by international credit card or debit card issued by Chinese bank branches abroad, service fee will be charged.

b)As for long-term students, they need to pay the fee in one lump sum for one semester.If they check out earlier, they need to submit a written application 1 month in advance. When the logistics department received the application,the residual room charge will be returned to their Chinese bank account.

c) As for short-term students,they need to pay the fee in one lump sum.If they check out earlier, the residual room charge will not be returned.

1.3.2.Off-campus accommodation

Due to the limited dormitory room, Shanghai University cannot guarantee that all students make a reservation successfully. If the reservation is not successful, please find a safe and reliable rental room or hotel before arrival in Shanghai.

A.According to Law of the PRC on Entry and Exit of Aliens and the rules governing the implementation of the law, foreigners shall register their residence in China within 24 hours of arrival.

If you are staying at a hotel or hostel,the staff there will automatically do it for you. If you ask,they will give you the form. Please make sure they stamp it with the hotel or hostel' seal.

If you are renting an apartment or staying with your friends, you need to go to the local police station yourself. The landlord should bring along the Certificate of Residence, Certificate of Housing,lease contract,and their ID card.The student should also bring their passport.

You can also finish the registration on self-service residential registration system. The online registration procedures are as below:



Step 1: Login the website:https://gaj.sh.gov.cn/crj/24hr/web/zcbd/login?relogin=true

Step 2: choose the ID type and upload the ID and portrait photo.

Step 3: Fill in the address,arrival date and departure date, tick the letter of commitment and submit it.

Step 4: check the verification result and print the E-registration Form of Temporary Residence.

Tips: If the information fails to pass the automatic verification due to incomplete information, it will be handled manually, please be patient. If there is an urgent need to obtain a temporary residence registration form, you can still go to the window of the police station to submit written materials for declaration.

B.Reminders for off-campus Accommodation

a) Read items in the contract carefully before signing any contract, if you are not clear enough about the contract please do not sign it or it means you have accepted all the provisions in the contract.

b) If the contract only in Chinese version and you can not understand the provisions in the contract, you can consult our office for that. Please do not sign any contract without fully understanding the contract lest being cheated.

c) If you have any doubt about the housing agency, please consult our staff in office. Do not pay anything to the agency before signing the contract and do not believe in any oral promises of staff in housing agency.

d) After signing the contract and completing the payment, please ask for the formal invoice from housing agency.

1.4.Packing tips

1.4.1.Emergency envelope

In case of emergency, it is good to have extra copies of important documents. You should consider making an ‘emergency envelope’ containing copies of your passport ID page and Visa page(s), insurance information, emergency contact information, tuition receipts, acceptance/admission forms, credit card/bank information, and any important medical documents.

It is also a good idea to back all of these documents up online on a cloud server or your email that is not blocked in China.

1.4.2.Customs Inspection

Please search online for the regulations of China Customs regarding the carrying of items across the border. Meanwhile, please note that individuals entering China are not allowed to carry more than 20,000 RMB in cash or the equivalent amount of foreign currency.

http://english.customs.gov.cn/Statics/88707c1e-aa4e-40ca-a968-bdbdbb565e4f.html

1.4.3.Medication

Carry all prescription medication with a copy of all written prescriptions in your carry-on bag in case of inspection. Check that all medications are allowed in China before departure.

Bring all prescription medication or contact lenses you may need during your stay in China as some specific medicines or brands may not be available.

1.4.4.Cash preparation

Please be noted that the first month of scholarship

payment of living expenses will be slightly delayed, so please bring one-month living expenses (about 4000 RMB). If students are self-supported, please prepare enough cash.

1.4.5.Others

Purchase transformers & adapters ahead of time (Domestic electricity in China is 220 volts/50Hz.)

Chinese standard socket used in China is shown here, please bring your own voltage conversion equi). Students have been suggested bring at least 20 passport size photos and traveling wash bag.



1.5. Medical Examination and Insurance

All international students studying in mainland China must purchase a comprehensive insurance scheme, as valid insurance certificate is indispensable for international students to register for the new semester.

If you are in China or expected to arrive in China to register this semester: You can purchase the insurance by yourself (800 yuan per year). Even if your scholarship items contain the insurance fee, you still need to purchase insurance by yourself first, and later the school will return the insurance premium to your bank account in China.

If you are not in China and choose to register online: it

is not a must for you to purchase insurance currently, since this insurance does not cover medical expenses outside mainland China. You can choose to purchase it after your arrival in China.

International students studying in China for less than three months can choose to purchase own local insurance before coming to China. Students who have purchased international insurance in home country, please provide proof of insurance when registering.

International students who study for more than three months (including three months) must purchase insurance products in China.

Website for insurance purchase: <https://www.lxbx.net/home>

Service hotline: 400-810-5119

Insurance fee standard: (unit: RMB)

1 month	2 month	3 month	4 month	5 month
160	240	320	400	800

1.6.Fee Payment

All the self-funded applicants for degree programs must pay at least half to a year's tuition fees before registration. New students who prepaid only half-year tuition fees must pay off the remaining tuition fees on the day of registration. Payment receipts (including tuition and registration fee) are necessary materials for new students to go through the registration procedures.

A.Payment Method

1)Online Payment: currently, only online payments can be made using international bank cards during the

“Prepayment of Tuition” stage in the online application system.

2)Online or Offline Bank Transfer with Chinese

Bank Cards: Only RMB is accepted.

RMB Transfer Account Information:

Account Name: Shanghai University

Account Number: 033584-00801000968

Bank: Agricultural Bank of China, Shanghai Gonghe

Sub-branch

Tuition Transfer Account Information for SILC Business School Degree Program Applicants:

Account Name: Shanghai University SILC Business School

Account Number: 31634000002047078

Bank: Shanghai Bank, Hutai Sub-branch

3)International Transfer: Only foreign currencies such as USD and EUR are accepted. Do not transfer RMB from overseas to the following accounts.

Foreign Currency Transfer Account Information:

Recipient Name: Shanghai University

Recipient Account Number: 98211454800000228

Recipient Bank Name: Shanghai Pudong Development Bank, Jing’ an Sub-branch

(SWIFT NO. SPDBCNSHXXX)

Address: No. 699, West Beijing Road, Jing’ an District, Shanghai

Foreign Currency Transfer Account Information for SILC Business School Degree Program Applicants:

Recipient Name: SILC Business School, Shanghai University

Recipient Account Number: 31634000002047078

Recipient Bank Name: BANK OF SHANGHAI

(SWIFT CODE: BOSH CNSH)

Address: No. 20 Chengzhong Road, Jiading District, Shanghai

Notes:

① All degree program applicants from all colleges should pay the application fee to the “Shanghai University” account.

② SILC Business School degree program applicants should pay tuition to the “SILC Business School” account, while applicants from other colleges should pay tuition to the “Shanghai University” account.

③ Exchange rate differences and bank service fees are the responsibility of the student. For international transfers, please remit an equivalent amount in USD or EUR.

④ For bank transfers, please indicate: Application Form Number + Passport Name.

4)On-site Payment: Cash and card payments are accepted. If using an international card (MASTER or VISA), ensure sufficient credit limit and bear the associated fees.

B.Refund Policy

This refund instruction only refers to applicants who have paid deposit for degree programs at Shanghai University.

1)The deposit is non-refundable except the circumstances outlined below

a.Withdrawing your application within 30 days after the successful deposit payment to Shanghai University bank account. The actual paid amount will be refunded to your Chinese bank accounts in RMB only. The service fee and the exchange rate difference will be charged.

b.University cancels programme

If the university cancels program for which the applicant

has accepted an offer, then all fees paid will be refunded to the applicant's Chinese bank accounts in RMB only.

c.Refusal of a student visa

Those who fail to get visa due to other reasons and provide the official statement of visa rejection from the embassy or consulate before the deadline of registration, the actual paid amount will be refunded to your Chinese bank accounts only in RMB. The service fee and the exchange rate difference will be charged.

2)The deposit is non-refundable in the following circumstances

a.Withdrawing your application after 30 days after the successful deposit payment to Shanghai University bank account. The deposit will not be refunded.

b.Admitted Students but never enrolled

For any admitted students who paid tuition fee deposit, but never enrolled at Shanghai University, the deposit will not be refunded.

c.Those who fail to apply visa due to personal reasons, the deposit will not be refunded;

d.Current Students who transfer out or with draw

The current students who apply for university transfer or withdrawal after registration will not be refunded.

C.Refund Procedures

For applicants who meet the Refund Policies listed above, please fill in the refund application form (refer to the template), and then submit to International Students Admissions Office with the following:

- Copy of passport
- Copy of Chinese Bank account information
- Copy of Opening Bank information

- Copy of Payment receipt
- Others (visa rejection statement from the embassy or consulate etc.)

Please note that it takes at least 90 working days to deal with the refund process.

1.7.Shanghai Entry Reminder

For all international students who enter with X1 study visa, in order to ensure that you can complete the application for study residence permit within 30 days, please visit.The website of Shanghai International Travel Health Care Center: <https://sithc.shhgtsc.org.cn/#/> index,

Please make an online appointment for a medical examination in advance.

(the medical examination report will take 4 working days to obtain).

As the medical examination report will be required to apply for the residence permit for study, please make sure to obtain the medical examination report before applying for the residence permit.

After arrival

There are 2 airports in Shanghai. Please choose the proper means of transportation to Shanghai

University according to your arriving airport terminal.

2.1.Pick-up service

Book the Pudong airport pick-up (if needed)

Free pick-up date:

September 06, 11:30am 6:00pm

September 07 11:30am 6:00pm

September14, 11:30am 600pm

September15, 11:30am 6:00pm

For other dates' pick up reservation, the service fee will be charged:

RMB500~600 per person

Meeting Point : T1: Close to Gate 8 T2: Gate of Starbucks Coffee

2.2.Airport Transportation

2.2.1.From Hongqiao Airport to Shanghai University Baoshan campus

A.By metro

Subway Line 2 (7 stops), change at Jing'An Temple to Line 7 (12 stops),

and get off at Shanghai University (exit No. 2)

Estimated cost: 6 yuan

Estimated time: 1 hour and 10 minutes

B.By taxi

Estimated cost: Subject to the actual price

Estimated time: 30~40 mintues

2.2.2.From Pudong Airport to Shanghai University Baoshan campus

A.By metro

Subway Line 2 (20stops), change at Jing'An Temple to Line 7 (12stops),

and get off at Shanghai University(exit No.2)

Estimated cost:8 yuan

Estimated time:2 hour

B.By taxi

Estimated cost: Subject to the actual price

Estimated time: 1 hour and 30 minutes

2.2.3.From Hongqiao Airport to Shanghai University Yanchang campus

A.By metro

Subway Line 2 (9 stops), change at People's Square to Line 1, and get off at Yanchang Road.

Estimated cost: 5 yuan

Estimated time: 1 hour

B.By taxi

Estimated cost: Subject to the actual price

Estimated time: 30 minutes

2.2.4.From Pudong International Airport to Shanghai University Yanchang campus

A.By metro

Subway Line 2 (18 stops), change at People's Square to Line 1 (5 stops), and get off at Yanchang Road.

Estimated cost: 5 yuan

Estimated time: 2 hours

B.By taxi

Estimated cost: Subject to the actual price

2.2.5.From Hongqiao Airport to Shanghai University Jiading campus

A.By metro plus taxi

Subway Line 2, change at Jiangsu Road Station to Line 11, and get off at North Jiading Station. And then take a taxi with the flag-down fare.

Estimated cost: 20 yuan
Estimated time: 1 hour and 30 minutes

B.By taxi
Estimated cost: Subject to the actual price
Estimated time: 1 hour

2.2.6.From Pudong Airport to Shanghai University Jiading campus

A.By metro plus taxi
Subway Line 2, change at Jiangsu Road Station to Line 11, and get off at North Jiading Station. And then take a taxi with the flag-down fare.
Estimated cost: 24 yuan
Estimated time: 2 hours and a half

B.By taxi
Estimated cost: Subject to the actual price
Estimated time: 1 hour and 30 minutes

Reminders:
Please choose a regular taxi at the airport to avoid any loss. More information about taxi please refer to:
<https://www.meet-in-shanghai.net/en/traffic/taxi-843831/>

More details about Shanghai Metro please refer to
<https://www.meet-in-shanghai.net/en/traffic/metro--maglev-train-072860/>

2.3.Campus map

<https://apply.shu.edu.cn/contact-us/index>

3

Registration for New International Students

All admitted new students, including degree students, language students, general or senior scholars, and exchange students, must finish the online pre-registration(including accommodation booking and Pudong airport pick-up) and onsite official registration to secure your student status. Anyone who doesn't finish the online registration can not register onsite.

STEP 1 Online Pre-registration

Portal

<https://apply.applyforshu.com/pre-registration/#/user/login>
Date: July 15, 2025~September 19, 2025

- 1.Book or fill in the accommodation information
- 2.Book the Pudong airport pick-up (if needed)

Free pick-up date:
September 06,11:30am 6:00pm
September 07,11:30am 6:00pm
(Sept.6&7 only for Language students)
September 14,11:30am 6:00pm
September 15,11:30am 6:00pm

Meeting Point: T1 Close to Gate 8
T2 Gate of Starbucks

Notes:

1) Anyone who hasn't finish the step of “Tuition deposit payment” can not submit the online pre-registration. For self-paid students, please complete the tuition deposit payment; For scholarship students, you do not need to pay the deposit fee, but have to upload the screenshot of the scholarship confirmation email in the application system. If the payment or uploading is not completed after 20 days, it would be regarded as giving up.

2) It is recommended to complete the pre-registration after obtaining the visa to China and flight information. Once submitted, it cannot be changed.

3) The email and password of the pre-registration should be the same with the application system. For any

STEP 2 On-site Official Registration

Please finish your on-site registration according to the registration date and location on the admission notice

- For degree students :
September16~17, 2025(9:00am~4:30pm)
Baoshan Campus: 1st Floor of V Building
Yanchang Campus: Shenyuan Building,
College of International Education
Jiading Campus: Xingjian Activity Center

- For language student:
September 8th, 2025 (9:00am~4:30pm)
Yanchang Campus: Shenyuan Building,
College of International Education

questions,please contact the program coordinator.

3.1.Procedures

1.Qualifications Verification : to review all original documents whether be the same with the documents uploaded in application system.

2.Fee payment Confirmation : to check whether the application fee and tuition fee are paid or not.

3.Counsellor Confirmation : to submit all paper documents to your counsellor.

4.Visa Coordinator Confirmation: insurance purchase status, issuance of visa application letter.

5.Student ID card : to Informational Office to make your student ID card by the paper Application Form.

6.Registration at College/School(only for Graduate

Documents for Registration

*Failure to provide the original documents will result in the registration being denied.

- a. 1 copy of Admission notice
- b. 1 copy of Signed New International Student notice
- c. The Notification Letter for Scholarship students

- d. 1 copy of Information Page of passport
- e. 1 copy of Visa Page Copy
- f. 1 ID Photo
- g. Copy of Registration Form of Temporary Residence
- h. Original and copies of Highest Degree Certificate and Transcripts *
- i. Original and copies Language Proficiency Certificate *
- j. Payment Receipt

The PDF files of Admission notice and Notification Letter for Scholarship students will be sent to you via email.
Upon receipt, please download and print the file,sign it, and bring it with you.

Students) : Please go to your College/School to finish the registration.

3.2.Campus orientation and campus tour

All students are encouraged to join in the relevant orientation.

3.3.Change of VISA status (if needed)

According to The Exit and Entry Administration Law of the People's Republic of China, foreign residents who wish to study in China for less than 180 days are able to apply for X2 visa with single entry. If foreign residents wish to study in China more than 180 days should apply for a study type residence permit.

According to the Law of the People's Republic of China on Control of the Entry and Exit of Aliens, foreign residents who enter China with a valid X2 visa may apply

for a re-entry visa and visa extension if necessary. The maximum valid period of the visa is 180 days.

Shanghai Exit & Entry Administration Bureau:
Address: No. 1500 Minsheng Rd. Pudong District.
Tel.: 28951900
Working hours: 9:00 a.m. – 17:00 p.m. from Monday to

4

Saturday (excluding legal holidays)

4.1.Student card

The student ID can only be used as a proof of the holder (student) himself/herself and should not be lent to others.

Please go to the office for student card at Information Technology Office to take a photo and get your card. (Yanchang campus: Xingjian Building; Baoshan campus: room 605, Building D ; Jiading campus: Room 116, Administration Building)

The student card can be used:
A.in cafeterias; (Students can top up their cards in the first cafeteria of Yanchang Campus and all the cafeterias of Baoshan Campus, or via Alipay or Wechat Pay.)
B.as dorm pass;
C.at hospital on campus;
D.in libraries.

It is free for the first application for student card; 20 RMB will be charged for a new card if the card is missing.

4.2.Internet

Free Wi-Fi is provided in the student dorms. Students will log in using their SHU internet log-in details. Cable internet is also available.

Legislation and projects initiated by the Chinese government attempt to regulate the Internet in Mainland China.

In order to access many websites, students need to use a Virtual Private Network (VPN). VPNs are private networks established by creating a tunnel secured by various tunneling protocols (e.g., PPTP, L2TP, IPSec, SSTP). There are free VPN services students can find online. Without a VPN, Google (including google mail), YouTube, Facebook, Instagram, and many other popular websites will not be accessible.

After student card is activated, students can log in via : <http://services.shu.edu.cn/> with the student number as the user name and the passport number as the initial password. The password can be reset after log in.

Due to the network firewall, some foreign websites may not be accessible in China. In order to access many websites, international students can download “VPN” on mobile and log on to foreign websites. You can also buy a monthly VPN service from the app.

4.3.SIM Card

China Mobile, China Unicom and China Telecom are the three biggest mobile communication companies in China. Students can buy SIM card with passport at any outlets nearby. The China Mobile company will provide on-site services on the new student's registration day.

4.4. Bank account

All students studying in China for more than three months are required to obtain a Chinese savings bank card, with the cost of card issuance determined by the bank's regulations. It is recommended that students apply in advance for a savings card from Bank of China online to facilitate the card application process after arriving in China.

On the day of registration, the Qilian Mountain Road Branch of Bank of China in Shanghai will provide on-site account opening services (passport and visa page copies are required). If you need to open an account, please follow the steps below to make an appointment:



Download the “China Entry” app and complete the preliminary registration online — register using your personal email, click on “Appointment for Account Opening” — select “Identity Type” (e.g., Foreigner) — upload a photo of your ID and fill in basic information — choose the branch for account opening (please select “China” , “Shanghai City” , “Baoshan District” , “Qilian

Mountain Road Branch of Bank of China in Shanghai”) — submit your appointment application.

4.5.Living expense standard

Category	Content	Price (approx)
Food	Combo meal in fast food restaurant	CNY34
	1kg of apples	CNY20
Housing	monthly rent for a 45m ² furnished studio in NORMAL area	CNY4,563
	internet 8 Mbps (1 month)	CNY129
Clothes	1 pair of jeans (Levis or similar)	CNY587
	1 pair of sport shoes (Nike, Adidas, or equivalent brands)	CNY754
Transportation	Monthly bus card	CNY224
	Taxi (within 5 km)	CNY36
Person Care	Standard men’ s haircut	CNY50

Tips:

1)For the self-funded students living in the dormitory, please prepare enough cash to pay the rent for the first semester.

4.6.Safety and health

A.Emergency Service

- For fire dial 119
- For police dial 110
- For ambulance dial 120

B.Hospital Service

- On-campus School Hospitals

Healthcare is provided on each campus. Do not hesitate to go to on-campus hospitals with the student card if you

feel unwell.Please visit our website to find more details: <https://xyy.shu.edu.cn/>.

Working day	Morning	Afternoon
Monday to Friday	8:00–11:15	13:00–16:30
Emergency	24 hours	

- Local Hospitals

Hospital	Location	Opening Hours	Tel.	Website
Changhai Hospital	No.168 Changhai Road	24小时	+86-21-31161111	https://www.chhospital.com.cn/html/
Shanghai Pulmonary Hospital	No.507 Zhengmin Road		+86-21-65115006	www.shsfkyy.com
Ruijin Hospital	No.196 Ruijin 2nd Road		+86-21-34186000	https://www.rjh.com.cn/
Worldwide Medical Center of Huashan Hospital	No.12 Wulumuqi Middle Road		+86-21-52889999	www.huashan.org.cn

Shanghai University requires all international students to purchase medical insurance, so please pay attention to the scope and usage of your medical insurance when you visit a doctor. If you have purchased medical insurance from China Ping An Insurance Company,

it is recommended that you call Ping An Insurance's 24-hour assistance phone number: 400-810-5119 before you see a doctor, and press 1 button after connecting (Chinese and English services are available)

- Overseas-funded hospitals

Hospital	Location	Opening Hours	Tel.	Website
Parkway Health	No. 88 Central	24 hours	+86-21-22163999	https://www.parkwaychina.com/
Shanghai	Avenue	Monday–Saturday 8:30–17:30	+86-21-65115006	shanghai.ufh.com.cn
Shanghai East International Medical Center	No.551 Pudong East Road	24 hours	+86-21-58799999	https://www.seimc.com.cn

4.7.Academic calendar and national vacations

4.7.1.For degree students (flexible based on conditions)

	Start date	End date
Autumn Semester	Early September	Mid-to-late January
Spring Semester	Early March	Late June
Summer Semester	Early July	Early August
Summer holiday	Early August	Mid September
Winter Holiday	Late January	Early March

4.7.2.For language program students

There are two semesters for language students. Each term has 18 weeks.

	Start date	End date
Spring Semester	Early March	Early July
Autumn Semester	Early September	Early January of next

The time for exchange students and short-term

program students is determined by specific modules and projects.

4.7.3.National holidays

Holidays	Date	All statutory holidays might take working days off.
New Year	January 1st–3rd	
Chinese New Year	Late January or Early February	
Tomb-sweeping Day/Qingming Festival	April 4th–6th	
Labour Day	May 1st–3rd	
Dragon Boat Festival	Mid June(TBD):1 DAY	
Mid Autumn Festival	Mid September (TBD) :1 DAY	
National Day	October 1st– 7th	

4.8.Transportation

4.8.1.Metro

There are two metro stations nearby Yanchang campus. Students can take line 1 to the city centre (People Square) for shopping and visiting.

Shanghai University station lies next to the north gate of Baoshan campus. Students can take line 7 to the city centre (Jing’ an Temple) for shopping and visiting.

Students may find it very useful to download the Shanghai Metro app which can show them the nearest Metro stations as well as give them step by step navigation.

website:
<https://service.shmetro.com/en/yxxlt/index.htm>

4.8.2.Campus shuttle bus

Shanghai University operates shuttle buses among the three campuses. The buses are free for staff. Students need to pay 3 RMB per time.

Shuttle Bus Timetable

JD = (Jiading Campus) YC = (Yanchang Campus) BS = (Baoshan Campus)

N=north gate E=east gate W=west gate S=south gate

From Monday to Friday						
Line	1	2	3	4	5	6
Depart	JD S	BS	YC N	BS	JD S	YC N
Arrival	BS	YC N	BS	YC N	YC N	JD S
Departure Time	7:00	7:00	7:00	7:00	7:00	7:00
	9:00	8:00	9:00	9:30	9:00 (pass BS)	9:00 (pass BS)
	10:00	9:30	10:00	10:30	10:00 (pass BS)	10:00 (pass BS)
	11:00	10:30	11:00	11:30	11:00 (pass BS)	11:00 (pass BS)
	12:00	11:30	12:00	12:30	12:00 (pass BS)	12:00 (pass BS)
	13:00	12:30	13:00	13:30	13:00 (pass BS)	13:00 (pass BS)
	14:00	13:30	14:00	14:30	14:00 (pass BS)	14:00 (pass BS)
	15:00	14:30	15:00	15:30	15:00 (pass BS)	15:00 (pass BS)
	17:00	15:30	17:00	17:00	17:00	17:00
	21:00	17:00		18:00	18:00	22:00
	22:00	18:00		22:00	21:00 (pass BS)	
		21:00				
		22:00				

Weekend and Public holidays						
	1	2	3	4	5	6
Depart	JD S	BS	YC N	BS	JD S	YC N
Arrival	BS	YC N	BS	YC N	YC N	JD S
Departure Time	7:30	8:30	7:30	8:30	7:30	8:30
	16:00	17:00	16:00	17:00	16:00	17:00

You are strongly advised to arrive at the bus stop 10 minutes early and check if the bus is going to your required destination. Please keep a distance of 2 meters when waiting for the bus. Please show the blue code and wear a mask all the way.

4.8.3.Taxi

It is very convenient to take a taxi on three campuses. Bus fare is 2 RMB. Taxi fare starts from 14 RMB (small-sized taxi) or 16 RMB (big-sized taxi).

Shanghai Taxi Fare:

	0~3 KM	3~15 KM	Above 15 KM
Daytime: (5:00~23:00)	RMB14 RMB16 (Touran Taxi)	RMB 2.5 / KM	RMB 3.75 / KM
Night: (23:00~5:00)	RMB18 RMB21 (Touran Taxi)	RMB 3.3 / KM	RMB 5 / KM

4.8.4.Bicycle

To promote low-carbon travel, Shanghai University and Shanghai urban areas provide self-supported bicycle service. You can download the mobile application 'Alipay' or 'Wechat' to rent a bicycle. The fare is 1.5 RMB per hour. You can also apply for a monthly card, which is very convenient.

4.9.Supporting

4.9.1.Study at SHU on Wechat

Programs' information, application guide, news on admission, news on fun and interesting activities are ongoing.

It is a good access to get more information about Shanghai University for the prospective students and current students.

4.9.2.International Student Ambassador (ISA)

SHU-ISA program is mainly composed of international students from Shanghai University.It is based on the principle of volunteer service,and is composed of outstanding international student representatives. The International Student Ambassador Committee is a self-governing organization. It is a voluntary service program that operates under the guidance and management of SHU Global Department.

4.9.3 Global Home Association (GHA)

A plantform for international communication between International students and Chinese students. The main activities include: Buddy Project, Coffee Hour, and Fun in Shanghai.

4.10.Student clubs and activities

4.10.1.On-campus

- Sports

Shanghai University has indoor and outdoor sports venues such as indoor stadium, outdoor playground, swimming pool, gym, track and field, basketball courts, volleyball courts, tennis courts, etc.

- Student clubs and activities

Sports community: basketball team,football team,badminton team,t rack and field team.
Arts community: dance club, photography club, chorus, art club.
Public welfare associations: international student volunteer service team
International Culture&Customs Day:Please visit our website to find more details: http://www.issc.shu.edu.cn/aspx/main/Culture.aspx?category_id=63

4.10.2.MUST GO in Shanghai

- Take a ride on the Maglev---the world’ s fastest train
- Cruise along Huangpu River on your way to the Bund.
- Shanghai Exhibition Hall – Shanghai Tower
- Enjoy green spaces at Yu Garden.
- Take a bird's-eye view of the city from the World Financial Centre.
- Have fun at Disneyland Park.
- Sit inside a revolving restaurant at the Oriental Pearl TV Tower.

- Watch performances at Shanghai Circus World.
- Stroll around in a Watertown---Zhujiajiao
- Walk and shop along Nanjing Road.
- More information please refer to <https://chs.meet-in-shanghai.net>.

4.11.Cultural adjustment

While no two people deal with culture shock in the same way, there are common reactions shared by many. In order to get past the frustration stage, you need to find a way to get out of crisis mode and into reflection on your experience.This will help you to find meaning out of your study abroad.

Reflective Coping Mechanisms include:

Asking questions; Bringing humor to a situation; Getting adequate rest; Exercising or playing a sport; Making friends; Sharing your culture; Writing a letter, drawing a picture, or making something; Setting goals for yourself; Ending your study with a sense of accomplishment.

We hope that every international student will have a pleasant and meaningful life in Shanghai University. If you have any questions, you can communicate with your teachers, counselors or classmates.

4.12.Common applications download on the cell phone

APP Function	Common APP download
Daily life	Alipay, Suishenban, SHU Wecom
Social network	WeChat, weibo, QQ, Instagram, Twitter
Shopping	Taobao, Jingdong, Amazon
Maps	Baidu Map, AMAP
Rental bicycle	Hello bike, Meituan bike
Food delivery	Dianping, Meituan, Baidu Nuomi, Elema

APP Function	Common APP download
Web browser	Baidu, 360,Google, IE
Electronic dictionary	Pleco
VPN	天行VPN, betternet
Travel	Fliggy, Ctrip, Qunar
Train or flight tickets booking	Fliggy, Ctrip, 12306
Mail management	163 mail, Tencent mail, Sina mail, SHU mail
*Overseas bank cards can be bound with Alipay or WeChat Pay , Please refer to Attachment 1 for details.	

4.13.Canteen & Cafeteria

SHU has several canteens, supermarkets and coffee shops that offer different food and beverages. You can swipe your student card on the payment machine. Cash is not acceptable in canteens on campus. The campus canteens have very strict opening hours, so please be aware of that before you go.

4.14.Psychological Health Support

SHU provides free psychological consultation service for students facing pressure and psychological problems.

Tel.: 66133520/66136806
Website: <https://xlfd.shu.edu.cn/>
Wechat Account:



05 Scholarship Issues

5.1.Scholarship annual review

As per the Scholarship regulations, scholarship-funded students who study for over one year in China should undergo an annual review evaluating their study attitude,class attendance, daily performance, awards and student conduct, etc. Those who pass the evaluation will maintain next year's scholarship. For those who fail in the review, scholarship status will be suspended for one year or permanently depending on the outcome of the review.

The annual scholarship review is always taken from the end of March to May.

More information please visit <http://www.issc.shu.edu.cn>.

5.2.Registration and Monthly Allowance

- 1)Scholarship-funded students shall receive their monthly living allowance after registration.
- 2)The living allowance is granted based on semesterly registration and monthly registration.
- 3)For students with scholarship including the stipend, they will receive the stipend from the personal scholarship account after registration on prescribed time.The payment will commence from the month of September after registration. Students who register before the 15th (inclusive) of the registration month will receive full living stipend for that month. Those who register after the 15th will receive only half of the stipend.

For full scholarship students enrolled in autumn semester, the first month's living stipend will be sent with delay because of the complicated procedures in Bank. Please prepare money for the first month's expenses in China (about RMB 3000~4000). To ensure the distribution of living expenses successfully, please provide the correct bank account information before September 30th.

5.3.Changes in student status

Changes in student status may include suspension, withdrawal, change of programme, transfer to another university and the extension of study length, etc.

In principle, the Chinese government scholarship-funded students cannot change major, transfer to another university or prolong the length of study. On special condition, the institution who sends this student should apply to China Scholarship Council. Those who change major, transfer to another university, or prolong the length of study will be deprived of the rights to enjoy the scholarship.

06 Contact us

Office	Duties	Tel	Email
International Student Admission Office	Enrolment issues and new project development cooperation	021-66136615 (Baoshan Campus)	apply1@oa.shu.edu.cn (undergraduate program) apply4@oa.shu.edu.cn (exchange program) apply9@oa.shu.edu.cn (postgraduate program)
		56335194-021 (Yanchang Campus)	apply8@oa.shu.edu.cn (scholarship program) apply6@oa.shu.edu.cn (language program)
International Student Service Centre	Visa, insurance, off-campus registration, scholarship, student activities,study group, internship, career Service	021-66133540 (Baoshan campus) 021-66133530 (Baoshan campus)	issc@oa.shu.edu.cn

International Programs Office	Non-degree programs' development and management	021-56335194 (Yanchang Campus)	apply3@oa.shu.edu.cn
Teaching Administration Office	Selecting Courses	021-66136301 (Baoshan campus)	xiaopang21@yahoo.com.cn (-Baoshan campus) (-BA. Students) shuhansh@shu.edu.cn (Baoshan campus MA students)
Logistics Office	Accommodation arrangement	021-6612228 0(Baoshan Campus and Jiading Campus) 021-56333407 (Yanchang campus)	SHU-ISHO@oa.shu.edu.cn

For more information, please visit us: <https://apply.shu.edu.cn>.



Wechat Account: StudyatSHU

Attachment 1

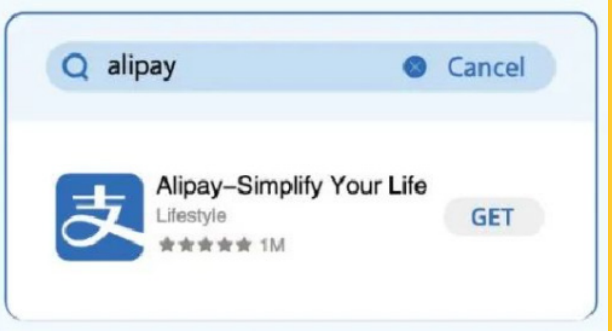
a. Bind overseas bank cards with Alipay

After downloading the Alipay app, signing up, and linking an overseas bank card of major card networks, you can start a mobile payment journey in China and pay like a local.

Eligible international cards:



- 1.Download and register
Download Alipay App, enter your mobile phone number, tap “Next” to register



2. Add bank card
Tap “Add Now” and follow on-page prompts to complete the process



b.Bind overseas bank cards with WeChat Pay

Please scan the QR code to download the guide



圖書館



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